



भारतीय सूचना प्रौद्योगिकी संस्थान, नागपुर

Indian Institute of Information Technology, Nagpur

“An Institution of National Importance by an Act of Parliament”

S.No. 140,141/1 Behind Br. Sheshrao Wankhade Shetkari Sahkari Soot Girni,
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NOTICE FOR STUDENTS

All the students are advised to note that Nagpur Area is known for its severe summer and the outside temperatures may rise up to 48^oC. Summer heat waves can be dangerous and may result in mild dehydration to potentially life-threatening heat stroke. To protect your health when temperatures are very high all are advised to:

1. Drink plenty of water in regular intervals even if you are not feeling thirsty. Avoid drinks like tea / coffee / carbonated soft drinks and instead consume local drinks like Lemon Juice / Lassi etc.
2. Wear lightweight, light-colored, loose-fitting clothing. Cover your head and also face with cotton scarf during day-time.
3. Use protective sun goggles / umbrella / hats while commuting from Academic Block to Hostel and vice-versa.
4. Avoid any outdoor activity during mid-day between 12.00 PM to 3.00 PM when temperature is at peak.
5. Avoid frequent in-out from the Air-Conditioned Class Rooms to Outdoor and vice-versa.
6. In case of symptoms like severe headache, nausea, dizziness, weakness etc inform the Hostel Warden / consult the Doctor, if required.

**Sd/-
Registrar**